



# THE CAFE MENU

Members receive 50 cent discount

**Sandwiches - \$8.50**

Choice of ham, chicken & salads

Gluten free bread available +\$1.50

**Toasted Sandwiches - \$7.50**

Ham/Cheese  
Ham/Cheese/Tomato  
Ham/Cheese/Pineapple  
Chicken/Cheese/Avocado

Gluten free bread available +\$1.50

**Wraps - \$9.50**

Choice of ham, chicken & salads

Gluten free wrap available +\$1.50

**Beef Lasagna - \$12.50**

Accompanied with fresh garden salad

**Quiche - \$11.50**  
Lorraine or Vegetable

Accompanied with fresh garden salad

**Homemade Pizzas** from  
\$16.00 - \$20.00

Hawaiian, Pepperoni, BBQ  
Meatlovers & Margarita

Members receive a \$2.00 discount on pizzas

**Fruit Toast(2) - \$7.50  
& Coffee**

Served with butter & your choice of medium coffee

**Cake & Coffee Special - \$7.50/\$7.90**

Served with our daily cake special & your choice of medium coffee



# THE COFFEE MENU

**Members receive 50 cent discount**

## Paradox Coffee

Coffee is at the heart of everything we do at The Café working closely with our Coffee Roasters who aim to have sustainably sourced, freshly roasted great coffee for everyone, everyday

**Small 4.50 ~ Medium 5.00 ~ Large 5.50**

**Cappuccino ~ Flat White ~ Latte ~ Mocha  
Hot Chocolate ~ Chai Latte ~ Dirty Chai**

## Single Origin Blend

Try our monthly rotating single origin blend, exclusively roasted for our black coffee lovers  
Please see our Café for this month's origin

**Espresso ~ 5.20**

**Long Black  
Small 4.70 ~ Medium 5.20 ~ Large 5.70**

**Extras ~ 0.50**

**Milk Alternatives:  
Soy ~ Almond ~ Lactose Free**

**Syrups:  
Caramel ~ Vanilla ~ Hazelnut**

**Cha Teas by the Pot  
Loose Leaf ~ 5.50**

**English Breakfast ~ Early Grey  
Green Tea ~ Peppermint  
Organic Ginger Lemon ~ Chai Tea**