

BREADS

No discount on breads.

GARLIC BREAD \$8

House baked garlic buttered loaf.

CHEESY GARLIC BREAD \$8.5

Buttered garlic loaf with trio of melted cheeses.

BACON & CHEESE GARLIC BREAD \$9

Buttered garlic loaf with melted cheese & bacon pieces.

FOCACCIA BREAD [v] \$9.5

Oven baked focaccia base topped with caramelised onion, Napoli tomato sauce, cheese, roquette & balsamic glaze.

TURKISH LOAF [v] \$14

A plate of toasted Turkish bread, marinated fetta, hummus, tzatziki, olives & house made dukkha.

SHARE PLATES, STARTERS & SALADS

VEGETABLE DIM SIM (4) [v] \$16/18

Shredded vegetables fried in a crispy golden rice paper pastry with spicy hoi sin dipping sauce.

BARRAMUNDI SPRING ROLLS (5) \$16/18

Hand rolled barramundi spring rolls with an Asian dipping sauce.

TEMPURA SCALLOPS (6) \$16/18

Tempura battered sea scallops with a sweet & sour Nam Jim sauce, kafir lime aioli, minted bean shoot salad.

BEEF NACHOS [vo/lg] \$18/20

Slow cooked Mexican flavoured beef layered with corn chips & melted cheese, sour cream, salsa, guacamole & jalapeno gherkin relish. *sml serve \$15/17*

FISH TACO (2) [vo/lg] \$16/18

Mixed leaves, crumbed fish, pickled red cabbage, guacamole, lime aioli. *Add extra taco +\$8*

NOURISH BOWL [v/lg] \$20/23

Mixed lettuce, chickpeas, grilled broccolini, tomato, red onion, cucumber, guacamole, field mushrooms, rice, seeds, green goddess dressing. *Add chicken +\$7, salmon +\$10*

PEKING DUCK SALAD [lg] \$24/27

Warm thinly sliced Peking duck breast served with a salad consisting of coriander, mint, bean shoots, cucumber, tomato & mixed green leaves.

SALAD OF THE DAY

Please ask our friendly staff for today's freshly prepared salad option.

SOUTH TWEED sports CLUB

MAINS

GRILLED FISH \$24/27

Herb & citrus crusted fish fillet topped with tempura scallops & béarnaise sauce.

CRUMBED WHITING (2) \$24/27

Panko crumbed southern blue whiting fillets served with a basket of fries, garden salad, tartare sauce & lemon. *sml serve \$17/20*

CHICKEN PARMIGIANA \$25/28

Crumbed 300g chicken breast topped with homemade tomato Napoli sauce, melted cheese & smokey diced bacon.

CHICKEN SCHNITZEL \$22/25

Golden crumbed 300g chicken breast served with *your choice of sauce*.

CHICKEN SUPREME [lg] \$26/29

Supreme breast of chicken wrapped in prosciutto filled with red capsicum & cheese. Served with guacamole, grilled prawns & seasonal vegetables.

PORK BELLY [lg] \$25/28

Twice cooked pork belly with a coconut red curry sauce, steamed rice, broccolini, fried shallots, bean shoots & miso caramel.

VEGETABLE STACK [v] \$21/24

A stack built from the bottom up consisting of pumpkin puree, lentil chickpea patty, baked field mushrooms, roasted red capsicum, broccolini, grilled zucchini, seeds & bean shoots.

RUMP STEAK 250G [gfo/lgo] \$27/30

A grass-fed 250g rump from the Darling Downs region cooked to your liking with *your choice of sauce*. *Add prawn skewer +\$6*

GARLIC PRAWN GNOCCHI \$23/26

Pan-fried prawns, semi-dried tomato, shallots, roquette, mustard seed, cashew, gnocchi garlic cream sauce & parmesan.

PASTA OF THE DAY

Please ask our friendly staff for today's dish.

FISH OF THE DAY [lgo]

Please ask our friendly staff for today's dish.

BURGERS

All served with a side of seasoned fries. Add gluten-free bun +\$2

BEEF BURGER [lgo] \$19/22

Grilled Angus beef patty with bacon, melted American cheese, lettuce, tomato, red onion, pickle, bbq sauce, warm milk bun.

CHICKEN SCHNITTY \$19/22

Golden crumbed chicken breast, bacon, lettuce, cheese, tomato, red onion, aioli, warm buttered Turkish bun.

CRUMBED FISH \$19/22

Panko crumbed whiting fillets, lettuce, tomato, red onion, aioli, warm buttered Turkish bun.

BLATT [lgo] \$18/21

Bacon, lettuce, avocado, tomato, aioli warm buttered Turkish bun.

VEGETABLE BURGER [v/lgo] \$19/22

Chickpea & lentil patty, roasted red capsicum, lettuce, cheese, tomato, garlic aioli, warm milk bun.

Add cheese +\$1.5, fried egg +\$2, bacon +\$3

CHEF DEAN'S PIZZA BAR

Our pizza bases feature a premium, thick & airy stone baked Napoli crust with a decadent spread of San Marzano tomato sauce.

MARGHERITA \$17/20

Napoli sauce, basil, cherry tomato, Spanish onion, roquette, cheese.

HAWAIIAN \$17/20

Double smoked ham, pineapple, roquette, cheese.

PRAWN & BACON \$19/22

Prawns, bacon, cherry tomato, Spanish onion, roquette, cheese.

MEATLOVERS \$19/22

Smokey bbq sauce, chicken, bacon, pepperoni, cheese.

SUPREME \$19/22

Bbq Hickory sauce, chicken, bacon, pepperoni, mushroom, roquette, basil, cherry tomato, Spanish onion, cheese.

SENIORS \$17

GRILLED FISH [lgo]

Herb & citrus crusted fish fillet with hollandaise sauce.

OVEN BAKED CHICKEN [lgo]

Marinated oven baked chicken thigh with a red coconut curry sauce, broccolini, rice bean shoots & fried shallots.

CHICKPEA & LENTIL STACK [v]

Pumpkin puree, lentil & chickpea patty, field mushrooms, red roasted capsicum, grilled zucchini, broccolini & mixed seeds.

CRUMBED FLATHEAD [lgo]

Crumbed crunchy flathead fillets with chips, salad, lemon & tartare.

BANGERS & MASH [lg]

Grilled pork, pepper & parsley sausage with mash & your choice of sauce. Add sausage +\$3

KIDS MEALS \$12

(12 & under)

CHEESE BURGER & CHIPS

FISH & CHIPS [lgo]

With lemon, salad & tomato sauce.

CHICKEN NUGGETS & CHIPS

With salad & tomato sauce.

GRILLED CHICKEN [lg]

With vegetables & gravy.

MINI HAM & PINEAPPLE PIZZA

SAUCES

(all low-gluten)

MUSHROOM | PEPPER | HOLLANDAISE |
GARLIC BUTTER | SMOKEY BBQ | AIOLI

[lg] low gluten

[lgo] low gluten option

[v] vegetarian option

\$3 discount will apply for members, does not apply to starters or kids meals.



SCAN TO
ORDER
TO YOUR
TABLE

